

BOOKS

MINI-BOOKS

"Equipped"

Download for FREE today at www.covenanteyes.com/equipped

Books by Mark Oestreicher:

- "A Parent's Guide to Understanding Social Media"
- "A Parent's Guide to Understanding Teenage Brains"
- "A Parent's Guide to Understanding Sex and Dating"

DESIGNED TO USE WITH CHILDREN

Books by Kristen A. Jenson - "Good Pictures Bad Pictures:

Porn- Proofing Today's Young Kids" -

"Good Pictures Bad Pictures JR.: A Simple Plan to Protect Young Minds"

DESIGNED TO USE

WITH TEENS "52 Ways to Connect with Your Smartphone Obsessed Kid"

DESIGNED FOR TEENS TO READ

- "Every Young Man's Battle" by Stephen Arterburn
- "Every Young Woman's Battle" by Shannon Ethridge
- "The Teen's Guide to Social Media" by Jonathan McKee

DESIGNED FOR **PARENTS**

- "Every Parent's Battle: A Family Guide to Resisting Pornography" by Dan S. Spencer III
- "Managing Your Family's High-Tech Habits" by Arnie Cole

DIGITAL HOME DEFENSE

SHINE A LIGHT ON AN APPROACHING THREAT

Questions to identify a potential threat to your home's digital safety:

- 1) Has your home had an open, honest conversation about pornography?
- 2) Do you know the function of every app on your child's phone or tablet?
- 3) Do you know the nature of your child's digital communications?
- 4) Do you have an "open phone policy" with your child?
- 5) Does your child have his/her phone/tablet in their room overnight?

LOCK THE DOORS

The enemy wants to "steal, kill, and destroy" your family. (Jn. 10:10) We want to deny his access. Here are a few suggestions

RECOMMENDED:

Covenant Eyes

Qustodio Gabb Wireless Smartphone

FOR MORE COMPLETE RESEARCH:

www.consumersadvocate.org/parental-control-apps www.protectyoungeyes.com/best-iphone-parental- control-software

CURRENT APPS WHERE PORN IS READILY AVAILABLE



WHAT DO I DO WHEN MY CHILD HAS ACCESSED PORNOGRAPHY?

- 1. Control your anger.
- 2. Go after their heart, not their behavior.
- 3. Keep a discussion going about biblical sexuality.
- 4. Examine your own heart. Are you living God's design for sexuality?
- 5. Take steps to restrict access while engaging with ongoing accountability.
- 6. Don't let up or give up. Disciple them forward in their spiritual lives.
- 7. Evaluate whether or not outside counseling is necessary or beneficial.

PROTECTION BEGINS WITH RELATIONSHIP

PRISON [vs.] FORTRESS

The fundamental difference between a prison and a fortress is the location of the enemy. In prison, the enemy is locked in. In a fortress, the enemy is locked out. In both cases, the enemy is clearly defined. Your kids and grandkids will view digital safety as a prison unless the conversation surrounding your decisions to keep them safe is built on a foundation of authentic love, mutual trust, and open dialogue.



"Pornography is anything that the heart uses to find sexual expression outside of God's intended design for relational intimacy. It is anything that tempts or corrupts the human heart into desiring sexual pleasure in sinful ways." "Living in a 'Porn is the Norm' Culture" (HarvestUSA.org)

HOME INVASION is the crime of entering a dwelling with the intent to harm the lawful inhabitants. This definition perfectly encapsulates what internet pornography is doing to our homes.

RESOURCES

Facebook Groups with helpful information:

- Common Sense Media - Gabb Wireless

- Screensmart Families - Digital Parents by WebSafety

For additional information on the digital revolution, pornography, apps, screen time, and the digital discipleship of children and teens, visit these websites:

www.protectyoungminds.org www.digitalkidsinitiative.com www.sexualintegrityinitiative.com www.harvestusa.org/blog www.josh.org/resources/apologetics/research www.axis.org www.fightthenewdrug.org www.youthministrymedia.ca/infographics

ACCESS & AVAILABILITY

Internet pornography is so easy to find that approximately 34% of internet users have experienced unwanted exposure while engaging in harmless activity. Successful searches have literally become child's play.

With that in mind, here are the 5 most common places children and teens are engaging pornography:

GRANDPARENT'S HOUSE

WHY? Grandparents often have high-speed internet access without knowledge of digital safety.

 $oldsymbol{2}$. LATE AT NIGHT BEHIND A CLOSED DOOR

WHY? Ease of access and total privacy.

3. FRIEND'S HOUSE

WHY? Technology policies vary from house to house. It is simply a matter of convenience and availability.

4. ON A FRIEND'S SMART DEVICE AT SCHOOL WHY? "My parents aren't checking my friend's phone."

5. VIA TEXTING, SNAPCHAT, and OTHER APPS

WHY? Hard to trace and easy to erase. Pictures are saved to locked "photo vault" apps designed to look like a calculator, clock, video game, or time management app.

93% of boys and 62% of girls are exposed to Internet pornography before the age of 18.

The average age of first exposure to Internet pornography is 11.

66% of teens and young adults have received a sexually explicit image from a peer and 41% have sent one.

70% of boys and 23% or girls have spent more than 30 consecutive minutes looking at online pornography on at least one occasion.

35% of boys and 14% of girls have done this on more than 10 occasions.

The 12-17 year-old age group is the largest consumer of Internet pornography. Only 3% of boys and 17% of girls have never seen Internet pornography.

70% of teenagers make an effort to conceal their digital behavior from their parents.